



Sample Menu

Our chef prepares all meals on site using fresh, locally sourced produce and can cater for health dietary requirements such as diabetes and also for other cuisine needs.

The menu rotates on a monthly basis and features a variety of cuisine options.

The list below reflects a typical week of evening meal options at a Shaw Care Home.

There are communal dining areas which are light and airy where you can socialise or have the option of eating in your room.

Option 1

Monday

Beef Casserole, Parsley Potatoes, Vegetables

Tuesday

Ham & Parsley Sauce, New Potatoes, Vegetables

Wednesday

Roast Pork & Apple Sauce,
Roast & Creamed Potatoes Vegetables & Gravy

Thursday

Chicken Stroganoff & Rice

Friday

Breaded Haddock, Fries & Petit-Pois

Saturday

Cottage Pie, peas, Carrots & Gravy

Sunday

Roast Turkey, Cranberry Sauce,
Roast & Creamed Potatoes, Vegetables & Gravy

Option 2

Monday

Vegetable Lasagne

Tuesday

Corned Beef Hash

Wednesday

Chicken Curry & Rice

Thursday

Vegetable Pasta Bake

Friday

Vegetable Soup

Saturday

Vegetable Hot Pot

Sunday

Minestrone Soup
