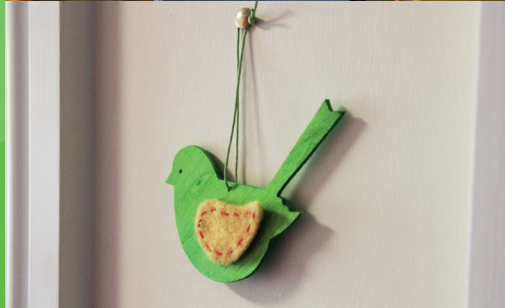


Thorndale

69 Malham Drive, Kettering, Northamptonshire NN16 9FW

01536 526380

Residential Care





Welcome to **Thorndale**

Thorndale Care Home is a purpose-built residential care facility that can look after up to sixty elderly and frail residents, some of whom may have dementia or physical disabilities and is situated within a residential housing estate on the outskirts of Kettering Town Centre.

As well as developing friendships in the home we encourage residents to establish and maintain close links with their relatives, friends and the local community. Care packages are regularly updated through the expertise of many skilled care professionals, with long-term solutions in mind that suit both residents and their families.



North
Northamptonshire
Council

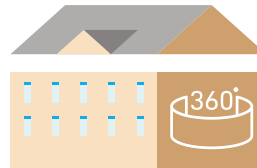


Thorndale Overview

A unique environment with -

- Assisted bathrooms
- Full wheelchair access
- Passenger lifts
- TV points in rooms
- Secure garden
- Laundry service
- Telephone points in room
- Dietary options
- Hairdressers
- **40 Beds Residential Care**
- **20 Beds Dementia Care**

We proudly deliver person-centric care focused around our residents wellbeing and their families. Freshly cooked meals, activities and local community involvement.



Take a look inside with a **Virtual Tour** of Thorndale on www.shaw.co.uk

Thorndale is a lovely place, with very good staff. I am so relieved that my Mum is in such a good place. She settled in quite quickly, the staff all seem happy to be there and always speak gently to my Mum, who has dementia. I can tell that she is well looked after.

I'm so grateful to the staff who work so hard.

Daughter of Resident

Regulated by







Food & Nutrition

We employ chefs at our services to deliver varied meals that provide flavour and nutrition.

Our menus rotate monthly and are peppered with family favourites, there are always alternative options to cater for all tastes; fish & chips, roast dinners, pies, soups/casseroles, bangers & mash.

We have communal eating areas with laid tables or individuals can eat in their own rooms if they choose.

Any medical, cultural or religious dietary requirements are included in individual's care plans.



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Sample Food Menu

Our chef prepares all meals on site using fresh, locally sourced produce and can cater for health dietary requirements such as diabetes and also for other cuisine needs.

Monday
Option 1. Beef Casserole, Parsley Potatoes, Vegetables
Option 2. Ploughman's Lunch

Tuesday
Option 1. Ham & Parsley Sauce, New Potatoes, Vegetables
Option 2. Sandwich Selection

Wednesday
Option 1. Roast Pork & Apple Sauce, Roast Potatoes, Vegetables & Gravy
Option 2. Pea & Ham Soup

Thursday
Option 1. Chicken Stroganoff & Rice
Option 2. Mushroom Omelette

Friday
Option 1. Breaded Haddock, Fries & Petit-Pois
Option 2. Cheese Board

Saturday
Option 1. Cottage Pie, Peas, Carrots & Gravy
Option 2. Chicken Curry

Sunday
Option 1. Roast Turkey, Cranberry Sauce, Roast Potatoes, Vegetables & Gravy
Option 2. Ham Salad

Activities

At our residential services we have activity programmes to promote healthy minds and wellbeing. We adapt our programmes based on the feedback of our individuals and try to promote creativity and enjoyment. Individuals are invited to participate but it is not compulsory.



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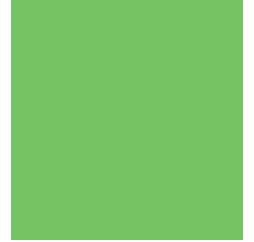
Sample Activities

Our activity schedules aim to both mentally and physically stimulate participants, they place emphasis on therapeutic enjoyment and provide opportunities to be social.

Sample Week

Monday
AM Water Colour Painting PM Chair Aerobics
Tuesday
AM Gardening PM Music Therapy
Wednesday
AM PAT Dog Visit PM Bingo
Thursday
AM Puzzles & Games PM Arts & Crafts
Friday
AM Spa Treatments PM Musical Entertainment
Saturday
AM Day Trip PM Bingo
Sunday
AM Coffee Morning PM Movie Night

The poster features a vibrant illustration of a residential care home with various buildings, trees, and a blue sky with white clouds. The text is presented in a clean, modern font, with the main title 'Sample Activities' in a large, bold, white font against a dark blue background. The weekly schedule is listed in a smaller, white font on a dark blue background, with each day's activities clearly separated.



Cost of Care

Choosing a care home can be a difficult time, understanding the types of care available and how the fees will apply to you.

The fees can vary according to whether you will be Self Funded or Local Authority funded and also on the individual and your care requirements.

Shaw healthcare offer a personalised care plan to ensure all of your needs are fully catered for. We can help you with calculating the cost of care through a Care Assessment to determine what your fees will be.

The Next Steps

Call

Call us to discuss your care requirements or to arrange a visit on;

01536 526380

Email

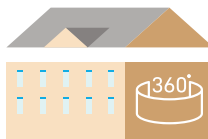
marketing@shaw.co.uk

Arrange a Visit/View

www.shaw.co.uk/thorndale

Take a Virtual Tour.

Read our reviews





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 [shawhealthcare](#)  [@shawhealthcare](#)

