

**Shaw healthcare**

wellness • happiness • kindness

# Sycamore Lodge

Lodge Lane, Nailsea, North Somerset BS48 1LX

**01275 858000**

Nursing Care

Residential Care

Dementia Care

Respite Care





## Welcome to **Sycamore Lodge**

**Sycamore Lodge is bright and spacious with lots of love and laughter where our ethos is wellness, happiness and kindness to care for the individual and support the family. We are a 78 bedded residential and nursing home in Nailsea near Bristol.**

We care for people living with dementia with either residential or nursing needs from onset of dementia to end of life. We also care for elderly persons with general nursing needs on our 18 bed nursing floor.

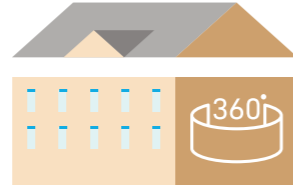


# Sycamore Lodge Overview

## A unique environment with -

- Every room En-suite
- Assisted bathrooms
- All dietary needs catered for
- Secure and accesible home
- TV points in rooms
- Hair and beauty treatments
- Secure garden
- Activity programme
- No restrictions on visiting times
- Homely environment with open spaces ideal for walking
- Assisted technology to support better night sleep.
- **30 Beds** Dementia Nursing
- **30 Beds** Dementia Residential
- **18 Beds** Elderly Nursing

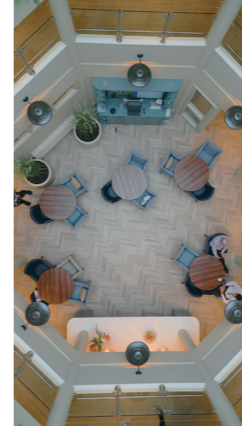
We proudly deliver person-centric care focused around our residents wellbeing and their families. Freshly cooked meals, activities and local community involvement.



Take a look inside with a **Virtual Tour** of Sycamore Lodge on [www.shaw.co.uk](http://www.shaw.co.uk)

My mother went into Sycamore Lodge last September and her care has been excellent. All staff I have had contact with are cheerful and polite. Mum is kept busy with loads of activities to keep her alert and contented.

*Son of Resident*





# Food & Nutrition

**We employ chefs at our services to deliver varied meals that provide flavour and nutrition.**

Our menus rotate monthly and are peppered with family favourites, there are always alternative options to cater for all tastes; fish & chips, roast dinners, pies, soups/casseroles, bangers & mash.

We have communal eating areas with laid tables or individuals can eat in their own rooms if they choose.

Any medical, cultural or religious dietary requirements are included in individual's care plans.

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## Sample Food Menu

Our chef prepares all meals on site using fresh, locally sourced produce and can cater for health dietary requirements such as diabetes and also for other cuisine needs.

### Monday

- Option 1. Beef Casserole, Parsley Potatoes, Vegetables
- Option 2. Ploughman's Lunch

### Tuesday

- Option 1. Ham & Parsley Sauce, New Potatoes, Vegetables
- Option 2. Sandwich Selection

### Wednesday

- Option 1. Roast Pork & Apple Sauce, Roast Potatoes, Vegetables & Gravy
- Option 2. Pea & Ham Soup

### Thursday

- Option 1. Chicken Stroganoff & Rice
- Option 2. Mushroom Omelette

### Friday

- Option 1. Breaded Haddock, Fries & Petit-Pois
- Option 2. Cheese Board

### Saturday

- Option 1. Cottage Pie, Peas, Carrots & Gravy
- Option 2. Chicken Curry

### Sunday

- Option 1. Roast Turkey, Cranberry Sauce, Roast Potatoes, Vegetables & Gravy
- Option 2. Ham Salad



# Activities

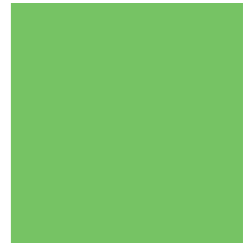
At our residential services we have activity programmes to promote healthy minds and wellbeing. We adapt our programmes based on the feedback of our individuals and try to promote creativity and enjoyment. Individuals are invited to participate but it is not compulsory.

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## Sample Activities

Our activity schedules aim to both mentally and physically stimulate participants, they place emphasis on therapeutic enjoyment and provide opportunities to be social.

Sample Week	
<b>Monday</b>	AM Water Colour Painting PM Chair Aerobics
<b>Tuesday</b>	AM Gardening PM Music Therapy
<b>Wednesday</b>	AM PAT Dog Visit PM Bingo
<b>Thursday</b>	AM Puzzles & Games PM Arts & Crafts
<b>Friday</b>	AM Spa Treatments PM Musical Entertainment
<b>Saturday</b>	AM Day Trip PM Bingo
<b>Sunday</b>	AM Coffee Morning PM Movie Night



# Cost of Care

Choosing a care home can be a difficult time, understanding the types of care available and how the fees will apply to you.

The fees can vary according to whether you will be Self Funded or Local Authority funded and also on the individual and your care requirements.

Shaw healthcare offer a personalised care plan to ensure all of your needs are fully catered for. We can help you with calculating the cost of care through a Care Assessment to determine what your fees will be.

# The Next Steps

## Call

Call us to discuss your care requirements or to arrange a visit on;

**01275 858000**

## Email

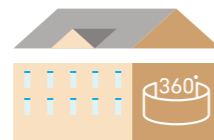
**marketing@shaw.co.uk**

## Arrange a Visit/View

**www.shaw.co.uk/sycamore**

**Take a Virtual Tour**

**Read our reviews**



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