

# Ashfield House

Ashfield Avenue, Raunds, Northamptonshire NN9 6DX

**01933 627280**

Dementia Care

Elderly Care





# Welcome to **Ashfield House**

**Ashfield House offers residential care for older people who are physically frail and for those with dementia; care can be arranged for long term or respite situations. A purpose-built care home designed to facilitate the provision of high quality, person-centred care. There is a secure garden around the home offering delightful patios areas.**

The home's forty bedrooms are open to admissions from people with dementia and Alzheimer's, offering en-suite accommodation and good areas for socialising with other residents.

Care packages are put together with you and your family so that your choices and preferences always come first. The home offers a varied and interesting social activity schedule designed around residents' own hobbies and interests and aimed at maintaining strong community links.

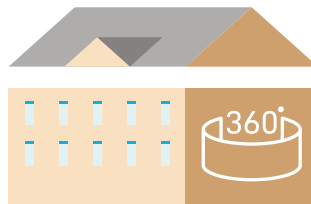


# Ashfield House Overview

## A unique environment with -

- Assisted bathrooms
- Full wheelchair access
- Passenger lifts
- TV points in rooms
- Telephone points in room
- Secure garden
- Laundry service
- Dietary options
- Hairdresser
- Beauty treatments
- **20 Beds** Dementia Care
- **20 Beds** Residential Care

We proudly deliver person-centric care focused around our residents wellbeing and their families. Freshly cooked meals, activities and local community involvement.



Take a look inside with a **Virtual Tour** of Ashfield House at [www.shaw.co.uk](http://www.shaw.co.uk)

Mum has been here for five years and had her 100th birthday here in February. Cannot praise staff enough.

They treated Mum as if she is their mum. After my visits I can go home and be at peace knowing Mum is being looked after.

*Daughter of Resident*

Regulated by







# Food & Nutrition

We employ chefs at our services to deliver varied meals that provide flavour and nutrition.

Our menus rotate monthly and are peppered with family favourites, there are always alternative options to cater for all tastes; fish & chips, roast dinners, pies, soups/casseroles, bangers & mash.

We have communal eating areas with laid tables or individuals can eat in their own rooms if they choose.

Any medical, cultural or religious dietary requirements are included in individual's care plans.

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## Sample Food Menu

Our chef prepares all meals on site using fresh, locally sourced produce and can cater for health dietary requirements such as diabetes and also for other cuisine needs.

**Monday**  
Option 1. Beef Casserole, Parsley Potatoes, Vegetables  
Option 2. Ploughman's Lunch

**Tuesday**  
Option 1. Ham & Parsley Sauce, New Potatoes, Vegetables  
Option 2. Sandwich Selection

**Wednesday**  
Option 1. Roast Pork & Apple Sauce, Roast Potatoes, Vegetables & Gravy  
Option 2. Pea & Ham Soup

**Thursday**  
Option 1. Chicken Stroganoff & Rice  
Option 2. Mushroom Omelette

**Friday**  
Option 1. Breaded Haddock, Fries & Petit-Pois  
Option 2. Cheese Board

**Saturday**  
Option 1. Cottage Pie, Peas, Carrots & Gravy  
Option 2. Chicken Curry

**Sunday**  
Option 1. Roast Turkey, Cranberry Sauce, Roast Potatoes, Vegetables & Gravy  
Option 2. Ham Salad



# Activities

At our residential services we have activity programmes to promote healthy minds and wellbeing. We adapt our programmes based on the feedback of our individuals and try to promote creativity and enjoyment. Individuals are invited to participate but it is not compulsory.



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## Sample Activities

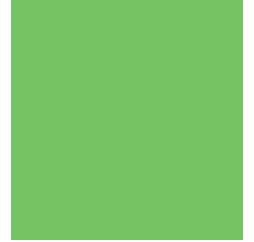
Our activity schedules aim to both mentally and physically stimulate participants, they place emphasis on therapeutic enjoyment and provide opportunities to be social.

### Sample Week

<b>Monday</b>
AM Water Colour Painting PM Chair Aerobics
<b>Tuesday</b>
AM Gardening PM Music Therapy
<b>Wednesday</b>
AM PAT Dog Visit PM Bingo
<b>Thursday</b>
AM Puzzles & Games PM Arts & Crafts
<b>Friday</b>
AM Spa Treatments PM Musical Entertainment
<b>Saturday</b>
AM Day Trip PM Bingo
<b>Sunday</b>
AM Coffee Morning PM Movie Night

The poster features a vibrant illustration of a residential care community with various buildings, trees, and a blue sky with clouds. The text is presented in a clean, modern font, with the main title in a large, bold, purple font. The activity schedule is centered in a white box with a blue border, making it easy to read against the colorful background.





# Cost of Care

Choosing a care home can be a difficult time, understanding the types of care available and how the fees will apply to you.

The fees can vary according to whether you will be Self Funded or Local Authority funded and also on the individual and your care requirements.

Shaw healthcare offer a personalised care plan to ensure all of your needs are fully catered for. We can help you with calculating the cost of care through a Care Assessment to determine what your fees will be.

# The Next Steps

## Call

Call us to discuss your care requirements or to arrange a visit on;

**01933 627280**

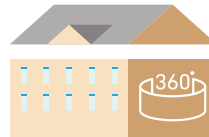
## Email

**marketing@shaw.co.uk**

## Arrange a Visit/View

**[www.shaw.co.uk/ashfield](http://www.shaw.co.uk/ashfield)**

**Take a Virtual Tour.    Read our reviews**





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