

# Froome Bank

Tower Hill, Bromyard, Herefordshire HR7 4QN

**01885 483469**

Residential Care

Dementia Care





# Welcome to **Froome Bank**

**Froome Bank Residential Home is a countryside facility where eighteen elderly people, some with dementia and physical disabilities, enjoy a modern and efficient care service.**

Personal care packages enable each individual to enjoy a service that is particular to their needs, working with key workers and GPs to ensure all requirements are considered.

Froome Bank's pleasant accommodation can also be sourced to respite admissions, and all residents are welcome to join in with activities, outings, entertainments and any religious services they choose



# Froome Bank Overview

## A unique environment with -

- Assisted bathrooms
  - Full wheelchair access
  - Passenger lifts
  - TV points in rooms
  - Secure garden
  - Laundry service
  - Dietary options
  - Hairdresser
- 
- **9 Beds** Elderly Care
  - **9 Beds** Dementia Care



We proudly deliver person-centric care focused around our residents wellbeing and their families. Freshly cooked meals, activities and local community involvement.

When I first entered the reception area and met the staff, I knew my wife was going to be safe and well looked after. I go there nearly every day and I am greeted at the door with a smile and staff telling me how my wife has been since I last saw her. The home is spotlessly clean and she is well looked after. What more could you ask for.

*Husband of Resident*









# Food & Nutrition

We employ chefs at our services to deliver varied meals that provide flavour and nutrition.

Our menus rotate monthly and are peppered with family favourites, there are always alternative options to cater for all tastes; fish & chips, roast dinners, pies, soups/casseroles, bangers & mash.

We have communal eating areas with laid tables or individuals can eat in their own rooms if they choose.

Any medical, cultural or religious dietary requirements are included in individual's care plans.



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## Sample Food Menu

Our chef prepares all meals on site using fresh, locally sourced produce and can cater for health dietary requirements such as diabetes and also for other cuisine needs.

**Monday**  
Option 1. Beef Casserole, Parsley Potatoes, Vegetables  
Option 2. Ploughman's Lunch

**Tuesday**  
Option 1. Ham & Parsley Sauce, New Potatoes, Vegetables  
Option 2. Sandwich Selection

**Wednesday**  
Option 1. Roast Pork & Apple Sauce, Roast Potatoes, Vegetables & Gravy  
Option 2. Pea & Ham Soup

**Thursday**  
Option 1. Chicken Stroganoff & Rice  
Option 2. Mushroom Omelette

**Friday**  
Option 1. Breaded Haddock, Fries & Petit-Pois  
Option 2. Cheese Board

**Saturday**  
Option 1. Cottage Pie, Peas, Carrots & Gravy  
Option 2. Chicken Curry

**Sunday**  
Option 1. Roast Turkey, Cranberry Sauce, Roast Potatoes, Vegetables & Gravy  
Option 2. Ham Salad

# Activities

At our residential services we have activity programmes to promote healthy minds and wellbeing. We adapt our programmes based on the feedback of our individuals and try to promote creativity and enjoyment. Individuals are invited to participate but it is not compulsory.



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## Sample Activities

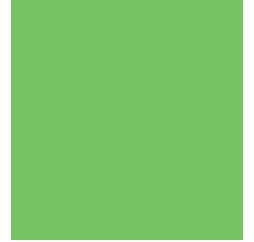
Our activity schedules aim to both mentally and physically stimulate participants, they place emphasis on therapeutic enjoyment and provide opportunities to be social.

### Sample Week

<b>Monday</b>
AM Water Colour Painting PM Chair Aerobics
<b>Tuesday</b>
AM Gardening PM Music Therapy
<b>Wednesday</b>
AM PAT Dog Visit PM Bingo
<b>Thursday</b>
AM Puzzles & Games PM Arts & Crafts
<b>Friday</b>
AM Spa Treatments PM Musical Entertainment
<b>Saturday</b>
AM Day Trip PM Bingo
<b>Sunday</b>
AM Coffee Morning PM Movie Night

The poster features a vibrant illustration of a residential care community with various buildings, trees, and a blue sky with clouds. The text is presented in a clean, modern font, with key information highlighted in bold.





# Cost of Care

Choosing a care home can be a difficult time, understanding the types of care available and how the fees will apply to you.

The fees can vary according to whether you will be Self Funded or Local Authority funded and also on the individual and your care requirements.

Shaw healthcare offer a personalised care plan to ensure all of your needs are fully catered for. We can help you with calculating the cost of care through a Care Assessment to determine what your fees will be.

# The Next Steps

## Call

Call us to discuss your care requirements or to arrange a visit on;

**01885 483469**

## Email

**marketing@shaw.co.uk**

## Arrange a Visit/View

**www.shaw.co.uk/froome**

**Read our reviews**





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