

**Shaw healthcare**

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# Wellesley Rd Care Home

1 Wellesley Road, Camden, London NW3 2ET

**020 7284 4460**

Nursing Care

Dementia Care

Residential Care





Welcome to

# Wellesley Road Care Home

**Wellesley Road is the result of a collaboration between Shaw healthcare and Camden Council. The purpose-designed building is located in Camden, London, close to local shops and amenities. There are excellent transport links with Chalk Farm Underground Station just a short walk away.**

Wellesley Road can accommodate up to 60 residents who will each have their own single bedroom with en-suite WC and Shower. There are spacious communal areas which consist of an activities room, café and dining areas, exercise and pamper room and also a hairdresser.

A warm professional welcome awaits each new resident and their family at Wellesley Road Care Home. Upon admission our staff design a detailed care plan tailored to the resident's individual needs.

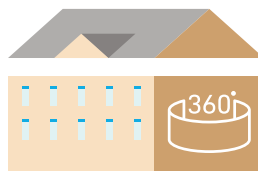


# Wellesley Road Overview

## A unique environment with -

- Assisted bathrooms
- Full wheelchair access
- Passenger lifts
- Wifi Access
- TV points in rooms
- Telephone points in rooms
- Secure garden
- Laundry service
- Dietary options
- Beauty treatments
- **60 Beds Residential Care**

We proudly deliver person-centric care focused around our residents wellbeing and their families. Freshly cooked meals, activities and local community involvement.



Take a look inside with a **Virtual Tour** of Wellesley Road on [www.shaw.co.uk](http://www.shaw.co.uk)

My aunt had been in Wellesley Road since approx 2016. She loved the home, the carers and all the other staff she came in contact with on a daily basis. We would like to thank all the staff at Wellesley Road for looking after my aunt extremely well over her stay there.

*Nephew of Resident*



Regulated by







# Food & Nutrition

We employ chefs at our services to deliver varied meals that provide flavour and nutrition.

Our menus rotate monthly and are peppered with family favourites, there are always alternative options to cater for all tastes; fish & chips, roast dinners, pies, soups/casseroles, bangers & mash.

We have communal eating areas with laid tables or individuals can eat in their own rooms if they choose.

Any medical, cultural or religious dietary requirements are included in individual's care plans.

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## Sample Food Menu

Our chef prepares all meals on site using fresh, locally sourced produce and can cater for health dietary requirements such as diabetes and also for other cuisine needs.

**Monday**  
Option 1. Beef Casserole, Parsley Potatoes, Vegetables  
Option 2. Ploughman's Lunch

**Tuesday**  
Option 1. Ham & Parsley Sauce, New Potatoes, Vegetables  
Option 2. Sandwich Selection

**Wednesday**  
Option 1. Roast Pork & Apple Sauce, Roast Potatoes, Vegetables & Gravy  
Option 2. Pea & Ham Soup

**Thursday**  
Option 1. Chicken Stroganoff & Rice  
Option 2. Mushroom Omelette

**Friday**  
Option 1. Breaded Haddock, Fries & Petit-Pois  
Option 2. Cheese Board

**Saturday**  
Option 1. Cottage Pie, Peas, Carrots & Gravy  
Option 2. Chicken Curry

**Sunday**  
Option 1. Roast Turkey, Cranberry Sauce, Roast Potatoes, Vegetables & Gravy  
Option 2. Ham Salad



# Activities

At our residential services we have activity programmes to promote healthy minds and wellbeing. We adapt our programmes based on the feedback of our individuals and try to promote creativity and enjoyment. Individuals are invited to participate but it is not compulsory.



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## Sample Activities

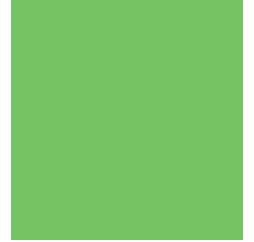
Our activity schedules aim to both mentally and physically stimulate participants, they place emphasis on therapeutic enjoyment and provide opportunities to be social.

### Sample Week

<b>Monday</b>
AM Water Colour Painting PM Chair Aerobics
<b>Tuesday</b>
AM Gardening PM Music Therapy
<b>Wednesday</b>
AM PAT Dog Visit PM Bingo
<b>Thursday</b>
AM Puzzles & Games PM Arts & Crafts
<b>Friday</b>
AM Spa Treatments PM Musical Entertainment
<b>Saturday</b>
AM Day Trip PM Bingo
<b>Sunday</b>
AM Coffee Morning PM Movie Night

The poster features a vibrant illustration of a residential care community with various buildings, trees, and a blue sky with clouds. The text is presented in a clean, modern font, with the main title in a large, bold, purple font. The activity schedule is centered in a white box with a blue border, making it easy to read against the colorful background.





# Cost of Care

Choosing a care home can be a difficult time, understanding the types of care available and how the fees will apply to you.

The fees can vary according to whether you will be Self Funded or Local Authority funded and also on the individual and your care requirements.

Shaw healthcare offer a personalised care plan to ensure all of your needs are fully catered for. We can help you with calculating the cost of care through a Care Assessment to determine what your fees will be.

# The Next Steps

## Call

Call us to discuss your care requirements or to arrange a visit on;

**01536 424040**

## Email

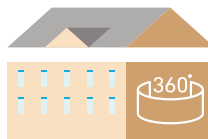
**marketing@shaw.co.uk**

## Arrange a Visit/View

**[www.shaw.co.uk/sandalwood](http://www.shaw.co.uk/sandalwood)**

**Take a Virtual Tour.**

**Read our reviews**





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