

Cartref Dyfi

Maengwyn Street, Machynlleth, Powys SY20 8EL

01654 702955

Elderly Care

Dementia Care





Welcome to **Cartref Dyfi**

Cartref Dyfi is a purpose-built, single-storey home is conveniently situated in the centre of Machynlleth with shops and a bus route within easy reach. Two attractive lounges and a beautiful garden allow the residents plenty of places to relax and entertain both inside and out.

It features two lounges and a beautiful garden with a patio, providing relaxing spaces for residents. Cartref Dyfi specialises in dementia care, residential care, and respite services.

All dietary and cultural requirements are taken account of during mealtimes, with the chef endeavouring to keep all tastes satisfied, and working closely with the activities co-ordinator to make sure themed events also see a satisfying range of food available.

Music, games, memory lane groups and arts and crafts are some of the activities that residents enjoy, with the home supporting as active and independent a lifestyle as possible.

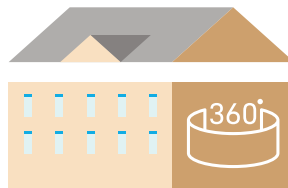


Cartref Dyfi Overview

A unique environment with -

- Wheelchair access
- Close to Local shops
- Near Public Transport
- Own Furniture if required
- Gardens for residents
- Television point in room
- Pets by arrangement
- **28 Beds** Elderly Care

We proudly deliver person-centric care focused around our residents wellbeing and their families. Freshly cooked meals, activities and local community involvement.



Take a look inside with a **Virtual Tour** of Cartref Dyfi on www.shaw.co.uk

It's always a pleasure visiting my Grandmother here especially knowing she is well cared for. The staff are always friendly and inviting. The cleanliness is always spot-on and the activities are well organised and inclusive for all including visitors.

Grandson of Resident







Food & Nutrition

We employ chefs at our services to deliver varied meals that provide flavour and nutrition.

Our menus rotate monthly and are peppered with family favourites, there are always alternative options to cater for all tastes; fish & chips, roast dinners, pies, soups/casseroles, bangers & mash.

We have communal eating areas with laid tables or individuals can eat in their own rooms if they choose.

Any medical, cultural or religious dietary requirements are included in individual's care plans.

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Sample Food Menu

Our chef prepares all meals on site using fresh, locally sourced produce and can cater for health dietary requirements such as diabetes and also for other cuisine needs.

Monday
Option 1. Beef Casserole, Parsley Potatoes, Vegetables
Option 2. Ploughman's Lunch

Tuesday
Option 1. Ham & Parsley Sauce, New Potatoes, Vegetables
Option 2. Sandwich Selection

Wednesday
Option 1. Roast Pork & Apple Sauce, Roast Potatoes, Vegetables & Gravy
Option 2. Pea & Ham Soup

Thursday
Option 1. Chicken Stroganoff & Rice
Option 2. Mushroom Omelette

Friday
Option 1. Breaded Haddock, Fries & Petit-Pois
Option 2. Cheese Board

Saturday
Option 1. Cottage Pie, Peas, Carrots & Gravy
Option 2. Chicken Curry

Sunday
Option 1. Roast Turkey, Cranberry Sauce, Roast Potatoes, Vegetables & Gravy
Option 2. Ham Salad



Activities

At our residential services we have activity programmes to promote healthy minds and wellbeing. We adapt our programmes based on the feedback of our individuals and try to promote creativity and enjoyment. Individuals are invited to participate but it is not compulsory.



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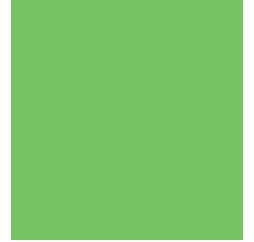
Sample Activities

Our activity schedules aim to both mentally and physically stimulate participants, they place emphasis on therapeutic enjoyment and provide opportunities to be social.

Sample Week

Monday
AM Water Colour Painting PM Chair Aerobics
Tuesday
AM Gardening PM Music Therapy
Wednesday
AM PAT Dog Visit PM Bingo
Thursday
AM Puzzles & Games PM Arts & Crafts
Friday
AM Spa Treatments PM Musical Entertainment
Saturday
AM Day Trip PM Bingo
Sunday
AM Coffee Morning PM Movie Night

The poster features a vibrant illustration of a residential care community with various buildings, trees, and a blue sky with clouds. The text is presented in a clean, modern font, with the main title 'Sample Activities' in a large, bold, white font against an orange background. The weekly schedule is listed in a smaller, white font on a dark orange background, with each day's activities clearly separated.



Cost of Care

Choosing a care home can be a difficult time, understanding the types of care available and how the fees will apply to you.

The fees can vary according to whether you will be Self Funded or Local Authority funded and also on the individual and your care requirements.

Shaw healthcare offer a personalised care plan to ensure all of your needs are fully catered for. We can help you with calculating the cost of care through a Care Assessment to determine what your fees will be.

The Next Steps

Call

Call us to discuss your care requirements or to arrange a visit on;

01654702955

Email

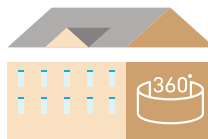
marketing@shaw.co.uk

Arrange a Visit/View

www.shaw.co.uk/cartrefdyfi

Take a Virtual Tour.

Read our reviews





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