

**Shaw healthcare**

wellness • happiness • kindness

# Ledbury Nursing Home

Market Street, Ledbury, Herefordshire HR8 2AQ

**01531 637600**

Nursing Care





## Welcome to **Ledbury Nursing Home**

**Nestled in the historic, beautiful and friendly town of Ledbury in Herefordshire, you will find Ledbury Nursing Home. A general nursing home, offering a calm and caring home from home environment, for just 36 people, the small friendly home is arranged over just two floors.**

All bedrooms are single with en-suite wet rooms but for those people who enjoy a bath there are assisted bathrooms on each floor. The bedrooms are tastefully furnished and decorated, each has a large picture window, looking out to the town, some have views of the nearby Malvern Hills.

Music and activities play a large part of each day, encouraging socialisation and fun times for the residents living with us. Our mature, secure garden offers a safe place to enjoy the outdoor sunshine and wildlife.

Being part of the community is a key benefit of life in Ledbury Nursing Home. We encourage trips out locally for picnics and shopping or even just a drive around the rural countryside in our very own bus which also accommodates wheelchairs.

We offer respite and long-term placements for people with general nursing or residential needs. Our core values are Wellness, Happiness and Kindness and our talented team help residents feel at home and cared for offering support, 24 hours a day.



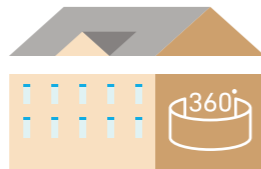


# Ledbury Nursing Home Overview

A unique environment with -

- Assisted bathrooms
- Full wheelchair access
- Passenger lifts
- TV points in rooms
- Telephone points in room
- Secure garden
- Laundry service
- Dietary options
- Beauty treatments
- **36 Beds** Nursing Care

We proudly deliver person-centric care focused around our residents wellbeing and their families. Freshly cooked meals, activities and local community involvement.

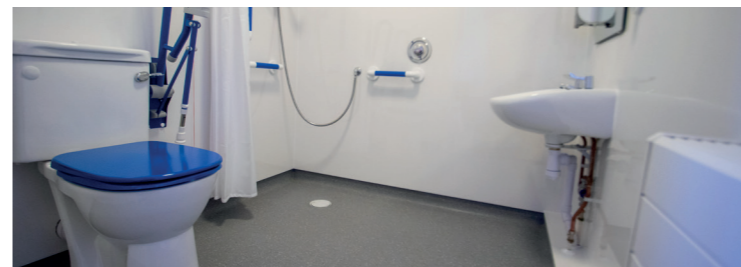


Take a look inside with a **Virtual Tour** of Ledbury Nursing Home on [www.shaw.co.uk](http://www.shaw.co.uk)

My sisters and I have seen an improvement in Mum's health and well being since arriving in 2020.

We would like to that all of the staff for taking so much care of our lovely mum.

*Daughter of Resident*







# Food & Nutrition

We employ chefs at our services to deliver varied meals that provide flavour and nutrition.

Our menus rotate monthly and are peppered with family favourites, there are always alternative options to cater for all tastes; fish & chips, roast dinners, pies, soups/casseroles, bangers & mash.

We have communal eating areas with laid tables or individuals can eat in their own rooms if they choose.

Any medical, cultural or religious dietary requirements are included in individual's care plans.

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## Sample Food Menu

Our chef prepares all meals on site using fresh, locally sourced produce and can cater for health dietary requirements such as diabetes and also for other cuisine needs.

### Monday

- Option 1. Beef Casserole, Parsley Potatoes, Vegetables
- Option 2. Ploughman's Lunch

### Tuesday

- Option 1. Ham & Parsley Sauce, New Potatoes, Vegetables
- Option 2. Sandwich Selection

### Wednesday

- Option 1. Roast Pork & Apple Sauce, Roast Potatoes, Vegetables & Gravy
- Option 2. Pea & Ham Soup

### Thursday

- Option 1. Chicken Stroganoff & Rice
- Option 2. Mushroom Omelette

### Friday

- Option 1. Breaded Haddock, Fries & Petit-Pois
- Option 2. Cheese Board

### Saturday

- Option 1. Cottage Pie, Peas, Carrots & Gravy
- Option 2. Chicken Curry

### Sunday

- Option 1. Roast Turkey, Cranberry Sauce, Roast Potatoes, Vegetables & Gravy
- Option 2. Ham Salad



# Activities

At our residential services we have activity programmes to promote healthy minds and wellbeing. We adapt our programmes based on the feedback of our individuals and try to promote creativity and enjoyment. Individuals are invited to participate but it is not compulsory.

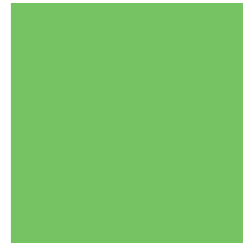
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## Sample Activities

Our activity schedules aim to both mentally and physically stimulate participants, they place emphasis on therapeutic enjoyment and provide opportunities to be social.

**Sample Week**

- Monday**  
AM Water Colour Painting PM Chair Aerobics
- Tuesday**  
AM Gardening PM Music Therapy
- Wednesday**  
AM PAT Dog Visit PM Bingo
- Thursday**  
AM Puzzles & Games PM Arts & Crafts
- Friday**  
AM Spa Treatments PM Musical Entertainment
- Saturday**  
AM Day Trip PM Bingo
- Sunday**  
AM Coffee Morning PM Movie Night





# Cost of Care

Choosing a care home can be a difficult time, understanding the types of care available and how the fees will apply to you.

The fees can vary according to whether you will be Self Funded or Local Authority funded and also on the individual and your care requirements.

Shaw healthcare offer a personalised care plan to ensure all of your needs are fully catered for. We can help you with calculating the cost of care through a Care Assessment to determine what your fees will be.

# The Next Steps

## Call

Call us to discuss your care requirements or to arrange a visit on our [Care Enquiry Line](#);

**0800 902 0092**

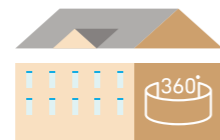
## Email

[customercare@shaw.co.uk](mailto:customercare@shaw.co.uk)

## Arrange a Visit/View

[www.shaw.co.uk/ledbury-nursing](http://www.shaw.co.uk/ledbury-nursing)

[Take a Virtual Tour.](#)   [Read our reviews](#)



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