

Hillside Lodge

Spiro Close | London Road | Pulborough | RH20 1FG

01798 877700

Residential Care

Dementia Care

Elderly Frail Nursing





Welcome to Hillside Lodge

A purpose-built care facility, Hillside Lodge, in West Sussex, looks after up to sixty residents with a number of personal care needs, including for people with dementia, physical disabilities and sensory impairment.

All of the home's bedrooms are en-suite, allowing residents to have their privacy respected, while also enjoying comfortable social areas and a good communal atmosphere.

Hillside Lodge is registered with the Care Quality Commission and is part of the prestigious Shaw healthcare portfolio, known throughout the UK for their extensive healthcare expertise.



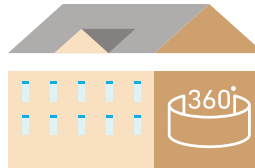


Hillside Lodge Overview

A unique environment with -

- Assisted bathrooms
- Full wheelchair access
- Passenger lifts
- TV points in rooms
- Telephone points in room
- Secure garden
- Laundry service
- Dietary options
- Beauty treatments
- **20 Beds Residential Care**
- **20 Beds Dementia Care**
- **20 Beds Elderly Frail Nursing**

We proudly deliver person-centric care focused around our residents wellbeing and their families. Freshly cooked meals, activities and local community involvement.



Take a look inside with a **Virtual Tour** of Hillside Lodge on www.shaw.co.uk

All the staff at Hillside Lodge were fantastic, they cared for my mum with extreme passion, she was well looked after by everyone at the home, nothing was too much for them and they went the last mile to help my mum.

Son of Resident







Food & Nutrition

We employ chefs at our services to deliver varied meals that provide flavour and nutrition.

Our menus rotate monthly and are peppered with family favourites, there are always alternative options to cater for all tastes; fish & chips, roast dinners, pies, soups/casseroles, bangers & mash.

We have communal eating areas with laid tables or individuals can eat in their own rooms if they choose.

Any medical, cultural or religious dietary requirements are included in individual's care plans.

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Sample Food Menu

Our chef prepares all meals on site using fresh, locally sourced produce and can cater for health dietary requirements such as diabetes and also for other cuisine needs.

Monday
Option 1. Beef Casserole, Parsley Potatoes, Vegetables
Option 2. Ploughman's Lunch

Tuesday
Option 1. Ham & Parsley Sauce, New Potatoes, Vegetables
Option 2. Sandwich Selection

Wednesday
Option 1. Roast Pork & Apple Sauce, Roast Potatoes, Vegetables & Gravy
Option 2. Pea & Ham Soup

Thursday
Option 1. Chicken Stroganoff & Rice
Option 2. Mushroom Omelette

Friday
Option 1. Breaded Haddock, Fries & Petit-Pois
Option 2. Cheese Board

Saturday
Option 1. Cottage Pie, Peas, Carrots & Gravy
Option 2. Chicken Curry

Sunday
Option 1. Roast Turkey, Cranberry Sauce, Roast Potatoes, Vegetables & Gravy
Option 2. Ham Salad



Activities

At our residential services we have activity programmes to promote healthy minds and wellbeing. We adapt our programmes based on the feedback of our individuals and try to promote creativity and enjoyment. Individuals are invited to participate but it is not compulsory.



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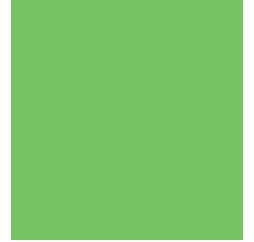
Sample Activities

Our activity schedules aim to both mentally and physically stimulate participants, they place emphasis on therapeutic enjoyment and provide opportunities to be social.

Sample Week

Monday
AM Water Colour Painting PM Chair Aerobics
Tuesday
AM Gardening PM Music Therapy
Wednesday
AM PAT Dog Visit PM Bingo
Thursday
AM Puzzles & Games PM Arts & Crafts
Friday
AM Spa Treatments PM Musical Entertainment
Saturday
AM Day Trip PM Bingo
Sunday
AM Coffee Morning PM Movie Night

The poster features a vibrant illustration of a residential care home with various buildings, trees, and a blue sky with white clouds. The text is presented in a clean, modern font, with the main title 'Sample Activities' in a large, bold, white font against a dark blue background. The weekly schedule is listed in a smaller, white font on a dark blue background, with each day's activities clearly separated.



Cost of Care

Choosing a care home can be a difficult time, understanding the types of care available and how the fees will apply to you.

The fees can vary according to whether you will be Self Funded or Local Authority funded and also on the individual and your care requirements.

Shaw healthcare offer a personalised care plan to ensure all of your needs are fully catered for. We can help you with calculating the cost of care through a Care Assessment to determine what your fees will be.

The Next Steps

Call

Call us to discuss your care requirements or to arrange a visit on;

01798 877700

Email

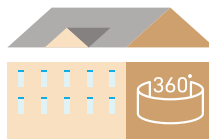
marketing@shaw.co.uk

Arrange a Visit/View

www.shaw.co.uk/hillside lodge

Take a Virtual Tour.

Read our reviews





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